



Moving List and Tips

Before Moving

Plan ahead

- Documents: Create a binder for important documents and information
- Moving: Rent a truck, hire a moving company or ask your friends to help
- Storage: Coordinate storage and pickup/delivery
- Pets: Arrange for care and housing during the move
- De-clutter: Sell or donate to charity

In addition to giving away or selling items on **Kijiji**, you can donate used items to the following organizations:

- Cerebral Palsy Association**
- Goodwill**
- Diabetes Canada**
- Women In Need Society**
- The Salvation Army**

Schedule and change your utilities

- Internet/phone/cable television
- Cell phone
- Gas
- Electricity

Inform and change your address

- Doctor
- Dentist
- Physiotherapist/chiropractor
- Alberta Health
- Driver's license
- Employer
- Lawyer
- Accountant
- Alarm system
- Bank
- Credit cards
- Insurance
- Magazines, newspapers, subscriptions
- Clubs, schools and associations
- Other _____
- Other _____

Canada Post offers **mailforwarding** to seamlessly forward all your mail to your new address.

Packing Tips

- Pack most essential kitchen items, bathroom items and clothing separately
- Decide on the non-essential items to pack first and ahead
- Label your boxes by room and/or content
- Get something to distract the kids or bring them to a family or friends
- The food you eat you don't have to move, and plan to unplug your freezer before you move
- Take furniture apart that can be taken apart and tape parts, screws and legs together
- Reserve your moving boxes ahead of your move